

# Nursing and Health in the UK- Pflegekongress 2019

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# Nursing in the UK

## Florence Nightingale (1820-1910)

- Pioneer of modern Nursing, trained in Germany in 1846
- Nightingale Fund was established 1855
- Set up of the Nightingale Training School at St Thomas' Hospital in 1860, where 5 years later the first nurses finished their training
- Notes on Nursing (Nightingale F. 1859), a fundament of the nursing training curriculum

*"So never lose an opportunity of urging a practical beginning, however small, for it is wonderful how often in such matters the mustard-seed germinates and roots itself." (Florence Nightingale)*



# Training

- Health Care Assistant
- Nursing Associate
- Registered Nurse and Midwife:
  - Bachelors
  - Masters
  - PhD
  - Specialist Courses



*"Nursing is a progressive art such that to stand still is to go backwards."*  
(Florence Nightingale)



# Work Settings and Specialities

## Settings:

- Hospitals & Health Centres
- Nursing Homes & Hospices
- Community:
  - District Nurse
  - School Nurse
  - McMillan Nurse
- Academia & Research



## Specialities:

- Medicine & Cancer
- Surgery & Theatres
- Investigation & Imaging
- Children & Mental Health
- ICU & Neo-Natal
- Midwifery

*“And what nursing has to do in either case, is to put the patient in the best condition for nature to act upon him.” (Florence Nightingale)*



# Working As A Nurse

- Every nurse has to be registered with the NMC to be able to practice nursing
- Every registrant must follow ,the code of conduct‘
- Core function is to protect the public
- The Code contents: prioritise people, practise effectively, preserve, promote professionalism and trust
- 6C: Care, Compassion, Courage, Communication, Commitment & Communication
- #Hello my name is...



*"I attribute my success to this: - I never gave or took an excuse." Florence Nightingale*

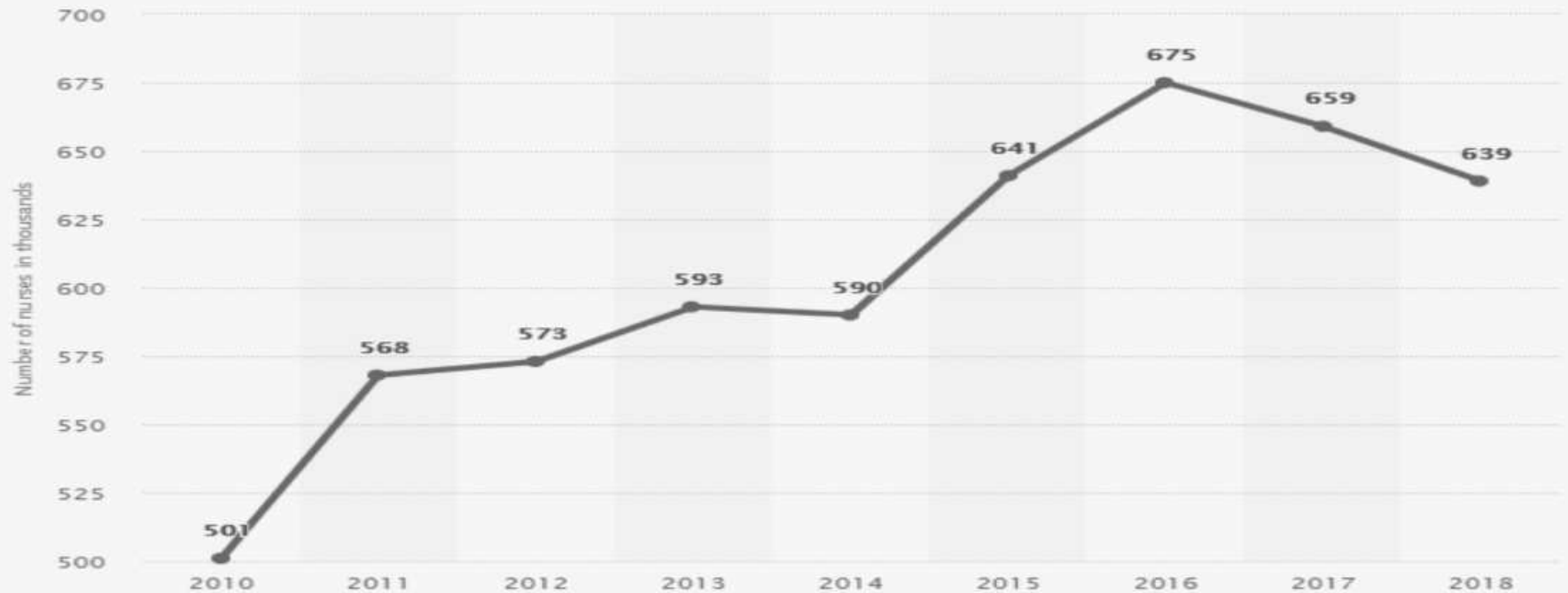
# Health In The UK

- National Health Service established in 1948 and operates independently
- NHS England, Scotland, Wales & Northern Ireland
- Services should be free, comprehensive & free at point of delivery, excluding dental treatment and optical care
- Payment for some prescriptions, non-UK residents and non-EEA
- Funding through normal taxation (National Insurance):  
60% pay for staff, 20% drugs and supplies, 20% miscellaneous things needed to operate



*“To be ‘in charge’ is certainly not only to carry out the proper measures yourself but to see that everyone else does so too.” (Florence Nightingale)*

# Registered Nurse Statistics



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Number of registered nurses in Thousands currently in the UK



# Current Problems

- Pay cap for nurses at 1%
- Stopping of bursaries for nursing students
- Compromising of patient care due to lack of nurses, including specialist nurses
- Nurse associates being employed instead of nurses
- The NHS has the lowest number of doctors, nurses and hospital beds compared to other developed nations



*"The very first requirement in a hospital is that it should do the sick no harm."  
(Florence Nightingale)*

# Brexit and the NHS

- In 2016 record number of NHS staff left the UK due to fears of their future livelihoods
- New overseas nurses registering are at present at a low.
- Fears of not enough medicines, medical supplies or freight capacity to support the NHS if the UK leaves the EU without a deal next month



*"How very little can be done under the spirit of fear." (Florence Nightingale)*

# Last Thought

*“Live life when you have it.  
Life is a splendid gift – there is nothing small about it.”  
(Florence Nightingale)*





# Picture References

Nurses Picture: <https://www.independent.co.uk/life-style/health-and-families/nhs-70-nurses-uniforms-seven-decades-trafford-general-hospital-greater-manchester-a8434291.html>

NHS Picture: [NHS.uk](https://www.nhs.uk)

Florence Nightingale: <https://www.britannica.com/biography/Florence-Nightingale>

Brexit: <https://www.gponline.com/brexit-trigger-nhs-staffing-crisis-researchers-warn/article/1495778>

NHSvs Brexit: [http://www.scientistsforeu.uk/pro\\_eu\\_organisations](http://www.scientistsforeu.uk/pro_eu_organisations)

<https://www.statista.com/statistics/318922/number-of-nurses-in-the-uk/>

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