Nursing and Health in the UK - Pflegekongress 2019

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Florence Nightingale (1820-1910)

- Pioneer of modern Nursing, trained in Germany in 1846
- Nightingale Fund was established 1855
- Set up of the Nightingale Training School at St Thomas’ Hospital in 1860, where 5 years later the first nurses finished their training
- Notes on Nursing (Nightingale F. 1859), a fundament of the nursing training curriculum

“So never lose an opportunity of urging a practical beginning, however small, for it is wonderful how often in such matters the mustard-seed germinates and roots itself.” (Florence Nightingale)
Training

- Health Care Assistant
- Nursing Associate
- Registered Nurse and Midwife:
  - Bachelors
  - Masters
  - PhD
  - Specialist Courses

“Nursing is a progressive art such that to stand still is to go backwards.”
(Florence Nightingale)
“And what nursing has to do in either case, is to put the patient in the best condition for nature to act upon him.” (Florence Nightingale)
Working As A Nurse

- Every nurse has to be registered with the NMC to be able to practice nursing
- Every registrant must follow 'the code of conduct'
- Core function is to protect the public
- The Code contents: prioritise people, practise effectively, preserve, promote professionalism and trust
- 6C: Care, Compassion, Courage, Communication, Commitment & Communication
- #Hello my name is...

“I attribute my success to this: - I never gave or took an excuse.” Florence Nightingale
Health In The UK

-National Health Service established in 1948 and operates independently

-NHS England, Scotland, Wales & Northern Ireland

-Services should be free, comprehensive & free at point of delivery, excluding dental treatment and optical care

-Payment for some prescriptions, non-UK residents and non-EEA

-Funding through normal taxation (National Insurance): 60% pay for staff, 20% drugs and supplies, 20% miscellaneous things needed to operate

“To be ‘in charge’ is certainly not only to carry out the proper measures yourself but to see that everyone else does so too.” (Florence Nightingale)
Registered Nurse Statistics

Number of registered nurses in Thousands currently in the UK
Current Problems

-Pay cap for nurses at 1%

-Stopping of bursaries for nursing students

-Compromising of patient care due to lack of nurses, including specialist nurses

-Nurse associates being employed instead of nurses

-The NHS has the lowest number of doctors, nurses and hospital beds compared to other developed nations

“The very first requirement in a hospital is that it should do the sick no harm.”
(Florence Nightingale)
Brexit and the NHS

-In 2016 record number of NHS staff left the UK due to fears of their future livelyhoods

-New overseas nurses registering are at present at a low.

-Fears of not enough medicines, medical supplies or freight capacity to support the NHS if the UK leaves the EU without a deal next month

“How very little can be done under the spirit of fear.“ (Florence Nightingale)
Last Thought

“Live life when you have it. Life is a splendid gift – there is nothing small about it.”
(Florence Nightingale)
Picture References


NHS Picture: NHS.uk

Florence Nightingale: https://www.britannica.com/biography/Florence-Nightingale


NHSvs Brexit: http://www.scientistsforeu.uk/pro_eu_organisations


Text References

Health unions urge Theresa May to ditch NHS pay cap The Guardian
Shock figures from top thinktank reveal extent of NHS crisis The Observer
Danger to patients revealed in reports by 18,000 NHS nurses The Observer
Text References


"Exclusive: '6Cs' nursing values to be rolled out to all NHS staff". *Nursing Times*. Retrieved 15 February 2016.

